

Coloured ice sensory play

You will need:

- Water
- Food colourings
- Ice cube trays
- Random containers
- Freezer

Optional:

- Other play based items that can be submerged in water

Steps:

1. Fill a couple of ice cube trays with water and place in freezer.
2. Fill random containers with water and add different food colouring to them and place in freezer. Optional - add plastic toys to the containers.
3. Once the water has frozen in containers, take them out and place in a water table/ water play area.

You may also like to add other play based items, including cups, funnels, plastic building blocks, etc. Perhaps you may like to add more water.

The children will have lots of fun discovering and discussing what happens to the ice block as they melt.

