

Handwashing art

You will need:

- Butchers paper or large poster paper
- Child safe paint – blue and white
- Plates or dishes for the paint
- Soap
- Small round sponges for stamping/printing 'soap bubbles' onto the hand prints

Steps:

1. Discuss the importance of washing your hands with soap and warm water before and after you eat, after the toilet and after playing outside.
2. Using the child safe paint, help each child to make a blue hand print on the poster paper.
3. Above or around the hand prints, write the message – wash your hands with soap and warm water.
4. Once the hand prints are dry, using the small round sponges, allow the children to press the round sponges into the white paint and stamp/print round white 'soap bubbles' onto the hand prints. Display the poster to remind children to wash their hands regularly.

Extension: Encourage the children to practice washing their hands whilst singing 'Happy Birthday' twice to demonstrate how long it takes to wash their hands properly.

